

**MAHARASHTRA STATE BOARD OF VOCATIONAL EDUCATION EXAMINATION,  
MUMBAI -51**

1	Name of Syllabus	<b>C. C. In Professional Course in Beauty Culture &amp; Hair Dressing (405112)</b>																																																
2	Max.Nos of Student	25 Students																																																
3	Duration	6 Month																																																
4	Type	Part Time																																																
5	Nos Of Days / Week	6 Days																																																
6	Nos Of Hours /Days	4 Hrs																																																
7	Space Required	Practical Lab = 200 Sq feet <u>Class Room = 200 Sq feet</u> TOTAL = 400 Sq feet																																																
8	Entry Qualification	H.S.C. appeared																																																
9	Objective Of Syllabus/ introduction	To train student in beauty work																																																
10	Employment Opportunity	He can get employment in Beauty Establishment.																																																
11	Teacher’s Qualification	Diploma/ Certificate in related work																																																
12	Training System	<table><tr><th colspan="7">Training System Per Week</th></tr><tr><td colspan="2">Theory</td><td colspan="2">Practical</td><td colspan="3">Total</td></tr><tr><td colspan="2">6 Hours</td><td colspan="2">18 Hours</td><td colspan="3">24 Hours</td></tr></table>							Training System Per Week							Theory		Practical		Total			6 Hours		18 Hours		24 Hours																							
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# **SYLLABUS – Professional Course in Beauty Culture & Hair Dressing**

## **THEORY PAPER – I, BEAUTY CULTURE**

### **Hygiene**

Maintaining personal hygiene

Keeping salon hygienic

Working in hygienic conditions

### **Sanitation And Sterilization**

Various methods of sanitation and sterilization

### **Client Consultation**

Having conversation with clients

Understanding their requirements.

Suggesting correct services.

### **Contra Indications**

Learning to be avoided skin conditions

Study of various skin problems like allergies, rashes, etc.

### **Advantages and disadvantages**

Study of advantages and disadvantages of Facials, manicure, Pedicure, waxing, Threading, Bleaching.

### **uses of steam**

Contra Indications

Vaporizers

Hot Towels

Study of Hair, Hair structure.

Types of hair – Normal, dry, oily etc.

Benefits of scalp manipulation

materials required precautions.

Structure of skin.

Skin cross section study

Types of skin – Dry Normal Oily combination and sensitive skin etc.

Function of skin

History of manicure and pedicure

Advantages and disadvantages of manicure and pedicure.

knowledge of different types of equipment study of Hair colourist.

## **THEORY PAPER – II, HAIR THERAPIST**

- Skin Anatomy :-
  1. Structures of skin – 3 layers of skin , glands – sweat gland and sebaceous glands,
  2. lymph – meaning of lymph, lymph nodes on face
  3. Bones – of face and head,
  4. muscles – structure of muscles  
Origin and insertion definition of ligaments, tendons of face and neck  
Muscles of face and neck.
  5. Skin diseases– infectious diseases caused by bacteria, fungus, eczema, erythma, etc.  
Pigment disorders like chiliasm, lentigas, freckles,
  6. Nail Diseases – infectious diseases – ringworm, onychotrophy etc.
  7. Nail Disorders – brittle nails, furrows on nails, blue nails, bruised nail etc.
  8. Electricity – conductors, insulators, types of current, units of electricity.
  9. Electro Therapy –
    - Brush massage and Cleansing – uses of machine, indications and contra indications .
    - High Frequency - uses of machine, indications and contra indications. indirect and direct method
    - Galvanic - uses of machine, indications and contra indications, iontophoresis and desincrustation.
    - Vacuum Suction - uses of machine, indications and contra indications, method of lymph drainage.
    - Ultra sonic - uses of machine, indications and contra indications.
    - Combining machine treatments.
  1. Hair Structure –  
3 layers of Hair – cuticle, cortex and medulla
  2. Uses of Products –  
Using styling products to enhance the look of hair cut , products commonly used are Mousse, Serum, spray
  3. Sanitation and Sterilisation – maintaining hygiene in salon,
  4. Client Consultation

### **Heating cap**

1. Electrical cap.
2. Electrical Hair dryer.
3. Electrical oil Heater.
4. Hair structure composition of Hair.
5. Hair Growth. Hair distribution – long, short hair etc.
6. Cross section of hair.
7. Cross section of the hair and Follicles.
8. Study of the hair trichology.

## **PRACTICAL – I, SKIN CARE**

### **Facial –**

1. Manual methods of Cleansing, Tanning,
  - a. Massage – Classification of massage movements, Contra indications.
  - b. Mask Therapy – Setting mask preparations and ingredients, non setting mask \_ preparations and ingredients, contra indications
  - c. Manicure – caring for hands. Types of manicure – plain manicure, oil manicure, French manicure etc.
  - d. Nail work – cleaning shaping cutting of nails and hand massage , Nail paint application , contra indications
2. Pedicure – Caring for Feet , Nail work, Foot Massage, nail paint application, dead skin removal, contra indications, foot spa.
3. Waxing - removing hair on hands, legs, under arms with wax, side-blocks.  
Application of wax, pulling of strips. Upper lips.
4. Threading – Removing hair from eye brows, facial hair with help of thread.
5. Make up – uses of make up products  
Foundations – liquid, stick, pan cake, translucent powder  
Eye Make up – mixing of eye shadow colors, eye Liner, mascara.  
Lipsticks, simple make up sequence.
6. Bleaching – cream bleach, herbal bleach, mixing of hydrogen peroxide and activator  
Application Techniques, taking Patch Test.
7. Home Care.

### **Practical : I**

- Electro Therapy
1. Skin Analysis – Identifying
    - Skin type
    - Blemishes
    - Pigment disorders
    - Expression and superficial lines
  2. Brush cleansing and massage – uses of enzyme packs, application of brush and stone.
  3. Hi Frequency – direct method, sparking on pimples, massage with indirect method , use of n Powder and cream
  4. Galvanic Current – application of electrodes, use of tweezer, rollers, use of positive and Negative gel
  5. Ultra Sonic – application technique
  6. Pimple Treatment – complete treatment routine, extraction, sparking, use of infra red lamp.
  7. Combining machine treatments-
    - Desincrustation and vacuum
    - Brush cleansing and indirect hi frequency
    - Steaming and vacuum
    - Bridal make up.

## **PRACTICAL – II, HAIR CARE**

1. Straight, U, Deep U, V, One length cut.
2. Boy cut
3. Layer cut,
4. Mushroom cut,
5. Scissor over comb and slopes  
Using scissor and comb together on hair. ideal technique for short or gents hair cuts
6. Shampoo and conditioning – using shampoo and conditioners before or after hair cut
7. blow Drying – setting hair with help of hair dryers and various brushes
8. Color application- Cutting of foils, application of colour on foils and packing, applying colour on hair and root touch ups
9. Head massage – classical head massage, use of different products like coconut oil or medicinal or aurvedic oils, contra indications.
10. use of steam hood , vaporizers, hot towels. Contra indications.

### **List of tools, equipment furniture and furniture**

Sr. No.	Description
1	Vibrator
2	Sauna facial
3	Vapozone
4	Hi frequency
5	Galuanicunit
6	Scalp steamer
7	Pedestal dryer
8	Hair dryer
9	Hot plate
10	Wax Heater
11	Infra red lamp
12	Geyser
13	Counter with wall attached mirror
14	Hot and cold spray unit
15	Machine clipper
16	Manicure table
17	Foot spa.
18	Trollies
19	Barbar scissors 51 ½
20	Shampoo basic with chair
21	Barbar Razor
22	Comp large
23	Comp Tail
24	Brush Round
25	Back view mirror
26	Blackhead opener

27	Tweeren
28	Manicure set
29	Bowl plastic
30	Rollers asserted size (large, medium, small)
31	Electric Roller
32	Dummy Head
33	Round Dunlop cushion
34	Switch – stand
35	Switches
36	Hand mirror
37	Cutting sheet
38	Instructor Table
39	Instructor Chair
40	Trainees locker
41	Air conditioner 1 ½
42	Black board folding
43	Chair for types trainers
44	Sprey bottle
45	Mastic Bins
46	Dye brush
47	Pack brush
48	Wax application
49	Surgical gloves
50	Almirah
51	Towels – asserted size (each)
52	Brush soft

## REFERENCE BOOK

Beauty Recipes – Author – Urvashi Dave  
 Beauty Therapy complied by maya – Paranjpe.  
 List of tools equipment and furniture form 25 students.

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